



**LivHOME of Orange County**  
19762 MacArthur Blvd., Suite 120  
Irvine, CA 92612  
(949) 794-9470  
www.livhome.com/orange-county  
HCO #304700113

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## Lourdes Torreslanda

### Life Care Manager Associate

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Lourdes performs assessments with new clients, managing ongoing client care, and supervising Caregivers.

Lourdes has always been interested in improving the quality of life of the senior population. She has extensive experience caring for those with dementia, Parkinson's disease, and other neurological diseases that afflict the elderly.

In 2006, Lourdes became a Caregiver at LivHOME. Lourdes advanced to become a Life Care Manager Associate, facilitating and supporting the Life Care Managers with their clients' needs. She also took on office and computer work to assist the Life Care Managers and clients.

Lourdes received her degree as a kindergarten teacher from Escuela Nacional para Maestras de Jardines de Niños in Mexico City. In addition, she has a year of instruction in psychology from the Universidad Metropolitana.

**Lourdes can be reached at (949) 794-9470 or by email at [ltorreslanda@livhome.com](mailto:ltorreslanda@livhome.com).**

LivHOME cares for the *whole person, whole family.*™

#### Caregiving Services:

- Personal Care
- Housework
- Companionship
- Transportation

#### Care Management Services:

- Care Oversight
- Family Coaching
- Health Advocacy
- Access to Resources

#### Specialty Programs:

- Alzheimer's & Dementia Care
- Behavioral/Mental Health Care
- Cancer Care
- End-of-Life Care
- Hospital-to-Home Care
- Parkinson's Care
- Respite Care
- Stroke & Heart Disease Care