



LivHOME of San Diego

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HCO #374700118

Yara Tiznado

Life Care Manager Associate

Yara joined LivHOME in 2016 as a Service Coordinator. Yara brings over five years of experience in home care to LivHOME.

Yara believes that age is only a number and that we are all uniquely designed and destined for greatness in every measure. We learn, lead, and love in life, together.

Previously, Yara worked with Western Health HomeCare through Adventist Health as a care partner. She enabled seniors by promoting independence and life enrichment. She was soon promoted to service coordinator through Western Health within Paradise Village, an independent living community, where she managed caregivers to keep their residents in their homes.

Yara is a certified nursing assistant and is currently continuing her education to obtain her degree in social science and nursing. Yara is an active advocate of fighting hunger through the San Diego Hunger Coalition.

Yara can be reached at (619) 544-1622 or by email at ytiznado@livhome.com.

LivHOME cares for the *whole person, whole family.*™

Caregiving Services:

- Personal Care
- Housework
- Companionship
- Transportation

Care Management Services:

- Care Oversight
- Family Coaching
- Health Advocacy
- Access to Resources

Specialty Programs:

- Alzheimer's & Dementia Care
- Behavioral/Mental Health Care
- Cancer Care
- End-of-Life Care
- Hospital-to-Home Care
- Parkinson's Care
- Respite Care
- Stroke & Heart Disease Care